

Preventive Care

Services

At Health Net, we believe that staying healthy is just as important as getting well. Our preventive health guidelines help you and your doctors determine individual needs for preventive care services based on the best available medical evidence.

What's covered

The services listed in this flyer are a summary of the preventive services you're eligible for as a Health Net member. Most screenings, immunizations and well-child care come with specific guidelines (e.g., frequency). You can find all the details on the government's website at www.healthcare.gov. Click the menu tab that says Learn About Prevention. Then choose the links in the yellow box for *preventive services* recommended for coverage under the Affordable Care Act (ACA).

Screenings and other preventive care

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| <ul style="list-style-type: none"> • Abdominal aortic aneurysm screening: men • Alcohol misuse counseling • Anemia screening: pregnant women • Physician counseling regarding the use of aspirin to prevent cardiovascular disease: men and women • Bacteriuria screening: pregnant women • Blood pressure screening • BRCA, counseling about • Physician counseling regarding breast cancer preventive medication • Breast cancer screening • Breastfeeding counseling - Cervical cancer screening • Chlamydial infection screening: pregnant women, non-pregnant women • Cholesterol abnormalities screening: men (ages 35 and older, ages 20 to 35) • Cholesterol abnormalities screening: women (ages 45 and older, ages 20 to 45) • Colorectal cancer screening • Dental caries chemoprevention: preschool children • Depression screening: adolescents and adults | <ul style="list-style-type: none"> • Diabetes screening • Physician counseling regarding folic acid supplementation • Gonorrhea prophylactic medication: newborns • Gonorrhea screening: women • Healthy diet counseling • Hearing loss screening: newborns • Hemoglobinopathies screening: newborns • Hepatitis B screening: pregnant women • HIV screening • Hypothyroidism screening: newborns • Physician counseling regarding iron supplementation in children • Obesity screening and counseling: children, adults • Phenylketonuria (PKU) screening: newborns • Rh incompatibility screening: first pregnancy visit, 24–28 weeks gestation • Sexually transmitted infections counseling • Tobacco use counseling: pregnant women, non-pregnant adults • Syphilis screening: pregnant women, non-pregnant persons • Visual acuity screening in children |
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Health Net



You can find
all the details on
the government's
website at
www.healthcare.gov

Immunizations

Coverage for adult immunizations may depend on the type of plan you have. For example, PPO plans that are not subject to the ACA preventive care regulations do not generally cover adult immunizations. Your Evidence of Coverage will specify what's covered under your plan.

Additional immunizations may be covered based on recommendations of the Advisory Committee on Immunization Practices (ACIP) that have been adopted by the Director of the Centers for Disease Control and Prevention (CDC).

Adult immunizations	Well-child care immunizations
<ul style="list-style-type: none">• Tetanus, diphtheria, pertussis (Td/Tdap)• Human papillomavirus (HPV)• Varicella• Zoster• Measles, mumps, rubella (MMR)• Influenza• Pneumococcal (polysaccharide) (PCV)• Hepatitis A (HepA)• Hepatitis B (HepB)• Meningococcal	<ul style="list-style-type: none">• Hepatitis B (HepB)• Rotavirus (Rota)• Diphtheria, tetanus, pertussis (DTaP)• Haemophilus influenzae type b• Pneumococcal (PCV)• Inactivated poliovirus (IPV)• Influenza• Measles, mumps, rubella (MMR)• Varicella• Hepatitis A (HepA)• Human papillomavirus (HPV)• Meningococcal

Well-child care

Health Net follows the comprehensive guidelines supported by the Health Resources and Services Administration (HRSA) for Infants, Children and Adolescents, including:

- The Periodicity Schedule of the Bright Futures Recommendations for Pediatric Health Care.
- The Uniform Panel of the Secretary's Advisory Committee on Heritable Disorders in Newborns and Children (SACHDNC).

To learn more about well-child care, copy this address in your web browser:

<http://www.healthcare.gov/law/provisions/preventive/moreinfo.html>



For details about your Health Net benefit coverage, please contact the Customer Contact Center listed on the back of your ID card.

What you pay

Members pay \$0 in-network cost-share and deductible for preventive services if they are enrolled in a health plan that falls under the ACA, which requires preventive services to be covered at no cost to members.

Some individual and group health plans are not subject to the ACA preventive care regulations, which means that members may pay part of the cost (usually as a copayment) for preventive care services.

In either case, preventive services may not be covered if received out-of-network.

Thank you for choosing Health Net. Where our goal is to help you make the most of your health.

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Exclusions and limitations: The following services and/or procedures are either limited in coverage or excluded from coverage under this health plan: convenience items, cosmetic surgery, court-ordered care, custodial care, employment counseling, exercise programs, experimental/investigational procedures and medications, foot orthotics, fraudulent services, gender alterations, household equipment/fixtures, infertility, long-term rehabilitative services, lost wages, missed appointments, obesity, paternity testing, radial keratotomy, routine foot care, self-inflicted injuries, temporomandibular joint disorder, thermography, travel expenses, vocational programs. Participating providers are neither agents nor employees of Health Net of Arizona, but are independently contracted entities that are legally responsible for their own care, treatment, and other services provided to Health Net members. In Arizona, Health Net of Arizona, Inc. underwrites benefits for HMO plans, and Health Net Life Insurance Company underwrites benefits for indemnity plans and life insurance coverage. Health Net, Inc. is the parent company of both Health Net of Arizona, Inc. and Health Net Life Insurance Company. Health Net is a registered service mark of Health Net, Inc. All other identified trademarks/service marks remain the property of their respective companies. All rights reserved.

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